

## Eligible Patients May Save on Brand-Name Prescriptions With the EFFEXOR XR Savings Card\*

**REMEMBER:** Your EFFEXOR XR Savings Card works only with brand-name EFFEXOR XR



\*Terms and conditions apply. See below.

### The following tips will help ensure you receive brand-name EFFEXOR XR...

-  If your doctor has determined that brand-name EFFEXOR XR is right for you, be sure that the prescription reads “No Substitutions,” “Dispense As Written,” or “Brand Medically Necessary,” depending on your state’s requirements
-  Always check your bag and bottle label at the pharmacy counter to make sure you have been given brand-name EFFEXOR XR. Some pharmacies may fill a branded prescription with a generic medication
-  Have the pharmacist note your preference for brand-name EFFEXOR XR for future refills

**With the EFFEXOR XR Savings Card, you may continue to save through December 31, 2023**

\*Eligibility required. Terms and conditions apply. Full terms and conditions can be found at [EFFEXORXR.com/savings-terms](http://EFFEXORXR.com/savings-terms). **This Savings Offer will be accepted only at participating pharmacies. This Savings Offer is not health insurance.** No membership fees. Maximum savings of \$1,800 per calendar year. This Savings Offer is not valid for prescriptions that are eligible to be reimbursed, in whole or in part, by Medicaid, Medicare, or other federal or state healthcare programs. This Savings Offer is not valid for prescriptions that are eligible to be reimbursed in whole by private insurance plans or other health or pharmacy benefit programs. Viatrix reserves the right to revoke, rescind, or amend this offer without notice. For help with the EFFEXOR XR Savings Offer, call 1-855-488-0749, visit [EFFEXORXR.com](http://EFFEXORXR.com), or write: Viatrix, P.O. Box 2941, Mission, KS 66201.

**LEARN MORE AT [EFFEXORXR.COM](http://EFFEXORXR.COM) OR CALL 1-855-488-0749**

EFFEXOR XR is available by prescription only in different dosage strengths (37.5 mg, 75 mg, and 150 mg).

**Please see accompanying Full Prescribing Information, including BOXED WARNING and Medication Guide.**

## HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use EFFEX XR safely and effectively. See full prescribing information for EFFEX XR.

**EFFEX XR®** (venlafaxine extended-release) capsules, for oral use Initial U.S. Approval: 1997

### WARNING: SUICIDAL THOUGHTS AND BEHAVIORS

See full prescribing information for complete boxed warning.

- Increased risk of suicidal thoughts and behavior in pediatric patients and young adults taking antidepressants. Closely monitor all antidepressant-treated patients for clinical worsening and emergence of suicidal thoughts and behaviors (5.1).
- Effexor XR is not approved for use in pediatric patients (8.4).

### RECENT MAJOR CHANGES

Boxed Warning 8/2022  
Dosage and Administration (2.10, 2.11, 2.12) 11/2022  
Dosage and Administration (2.2, 2.3, 2.6, 2.8, 2.9, 2.11) 8/2022  
Warnings and Precautions (5.1, 5.13) 9/2021  
Warnings and Precautions (5.7) 11/2021  
Warnings and Precautions (5.1, 5.2, 5.4, 5.5, 5.6, 5.7, 5.8) 8/2022

### INDICATIONS AND USAGE

Effexor XR is a serotonin and norepinephrine reuptake inhibitor (SNRI) indicated for the treatment of adults with:

- Major Depressive Disorder (MDD) (1)
- Generalized Anxiety Disorder (GAD) (1)
- Social Anxiety Disorder (SAD) (1)
- Panic Disorder (PD) (1)

### DOSAGE AND ADMINISTRATION

Indication	Starting Dose	Target Dose	Maximum Dose
MDD (2)	75 mg/day	75 mg/day	225 mg/day
GAD (2,3)	37.5–75 mg/day	75 mg/day	225 mg/day
SAD (2,4)	75 mg/day	75 mg/day	75 mg/day
PD (2,5)	37.5 mg/day	75 mg/day	225 mg/day

- Take once daily with food. Capsules should be taken whole; do not divide, crush, chew, or dissolve (2.1).

- When discontinuing treatment, reduce the dose gradually (2.10, 5.7).

- Renal impairment: reduce the total daily dose by 25% to 50% in patients with renal impairment. Reduce the total daily dose by 50% or more in patients undergoing dialysis or with severe renal impairment (2.9).

- Hepatic impairment: reduce the daily dose by 50% in patients with mild to moderate hepatic impairment. In patients with severe hepatic impairment or hepatic cirrhosis, it may be necessary to reduce the dose by more than 50% (2.8).

### DOSAGE FORMS AND STRENGTHS

- Extended-release capsules: 37.5 mg, 75 mg, and 150 mg (3).

### CONTRAINDICATIONS

- Hypersensitivity to venlafaxine hydrochloride, desvenlafaxine succinate, or any excipients in the Effexor XR formulation (4).

- Concomitant use of monoamine oxidase inhibitors (MAOIs) or within 14 days of discontinuing an MAOI (4, 5.2, 7.1).

### WARNINGS AND PRECAUTIONS

- Serotonin Syndrome:** Increased risk when co-administered with other serotonergic agents (e.g., SSRIs, SNRIs, triptans), but also when taken alone. If it occurs, discontinue Effexor XR and initiate supportive treatment (4, 5.2, 7.1).

- Elevated Blood Pressure:** Control hypertension before initiating treatment. Monitor blood pressure regularly during treatment (5.3).

- Increased Risk of Bleeding:** Concomitant use of aspirin, NSAIDs, other antiplatelet drugs, warfarin, and other anticoagulants may increase risk (5.4).

- Angle-Closure Glaucoma:** Angle-closure glaucoma has occurred in patients with untreated anatomically narrow angles, treated with antidepressants (5.5).

- Activation of Mania or Hypomania:** Screen patients for bipolar disorder (5.6).

- Discontinuation Syndrome:** Taper dose and monitor for discontinuation symptoms (5.7).

- Seizures:** Can occur. Use cautiously in patients with seizure disorder (5.8).

- Hypnatremia:** Can occur in association with SIADH (5.9).

- Interstitial Lung Disease and Eosinophilic Pneumonia:** Can occur (5.12).

- Sexual Dysfunction:** Effexor XR may cause symptoms of sexual dysfunction (5.13).

### ADVERSE REACTIONS

- Most common adverse reactions (incidence ≥ 5% and at least twice the rate of placebo): nausea, somnolence, dry mouth, sweating, abnormal ejaculation, anorexia, constipation, impotence (men), and libido decreased (6.1).

To report SUSPECTED ADVERSE REACTIONS, contact Veda Pharmaceuticals Inc. at 1-800-438-1985 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).

### USE IN SPECIFIC POPULATIONS

**Pregnancy:** Third trimester use may increase risk for symptoms of poor neonatal adaptation (respiratory distress, temperature instability, feeding difficulty, hypotonia, tremor, irritability) in the neonate (8.1).

See 17 for **PATIENT COUNSELING INFORMATION** and Medication Guide.

Revised: 8/2022

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- Panic Disorder (PD) [see *Clinical Studies* (14.4)]
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- Seizures: Can occur. Use cautiously in patients with seizure disorder (5.8).
- Hypnatremia: Can occur in association with SIADH (5.9).
- Interstitial Lung Disease and Eosinophilic Pneumonia: Can occur (5.12).
- Sexual Dysfunction: Effexor XR may cause symptoms of sexual dysfunction (5.13).

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### WARNING: SUICIDAL THOUGHTS AND BEHAVIORS

Antidepressants increased the risk of suicidal thoughts and behavior in pediatric and young adult patients in short-term studies. Closely monitor all antidepressant-treated patients for clinical worsening, and emergence of suicidal thoughts and behaviors (*see Warnings and Precautions* (5.1)). Effexor XR is not approved for use in pediatric pa tients (*see Use in Specific Populations* (8.4)).

## 1 INDICATIONS AND USAGE

Effexor XR is indicated in adults for the treatment of:

- Major Depressive Disorder (MDD) [see *Clinical Studies* (14.1)]
- Generalized Anxiety Disorder (GAD) [see *Clinical Studies* (14.2)]
- Social Anxiety Disorder (SAD) [see *Clinical Studies* (14.3)]
- Panic Disorder (PD) [see *Clinical Studies* (14.4)]

## 2 DOSAGE AND ADMINISTRATION

### 2.1 General Administration Information

Administer Effexor XR as a single dose with food, either in the morning or in the evening at approximately the same time each day (*see Clinical Pharmacology* (12.3)). Swallow capsules whole with fluid. Do not divide, crush, chew, or place in water.

The capsule may also be administered by carefully opening the capsule and sprinkling the entire contents on a spoonful of applesauce. This drug/food mixture should be swallowed immediately without chewing and followed with a glass of water to ensure complete swallowing of the pellets (spheroids).

For most patients, the recommended starting dose for Effexor XR is 75 mg per day, administered in a single dose. For some patients, it may be desirable to start at 37.5 mg per day for 4 to 7 days to allow new patients to adjust to the medication before increasing to 75 mg per day. Patients not responding to the initial 75 mg per day dose may benefit from dose increases to a maximum of 225 mg per day. Dose increases should be in increments of up to 75 mg per day, as needed, and should be made at intervals of not less than 4 days. In the clinical studies establishing efficacy, upward titration was permitted at intervals of 2 weeks or more.

### 2.2 Generalized Anxiety Disorder

For most patients, the recommended starting dose for Effexor XR is 75 mg per day, administered in a single dose. For some patients, it may be desirable to start at 37.5 mg per day for 4 to 7 days to allow new patients to adjust to the medication before increasing to 75 mg per day. Patients not responding to the initial 75 mg per day dose may benefit from dose increases to a maximum of 225 mg per day. Dose increases should be in increments of up to 75 mg per day, as needed, and should be made at intervals of not less than 4 days.

### 2.3 Social Anxiety Disorder (Social Phobia)

The recommended dose is 75 mg per day, administered in a single dose. There was no evidence that higher doses confer any additional benefit.

### 2.5 Panic Disorder

The recommended starting dose is 37.5 mg per day of Effexor XR for 7 days. Patients not responding to 75 mg per day may benefit from dose increases to a maximum of approximately 225 mg per day. Dose increases should be in increments of up to 75 mg per day, as needed, and should be made at intervals of not less than 4 days.

### 2.6 Screen for Bipolar Disorder Prior to Starting Effexor XR

Prior to initiating treatment with Effexor XR, screen patients for a personal or family history of bipolar disorder, mania, or hypomania (*see Warnings and Precautions* (5.6)).

### 2.7 Switching Patients from Effexor Tablets

Patients with depression who are currently being treated with Effexor may be switched to Effexor XR at the nearest equivalent dose (mg per day), e.g., 37.5 mg venlafaxine twice a day to 75 mg Effexor XR once daily. However, individual dosage adjustments may be necessary.

## 2.8 Dosage Recommendations for Patients with Hepatic Impairment

Reduce the Effexor XR total daily dose by 50% in patients with mild (Child-Pugh Class A) to moderate (Child-Pugh Class B) hepatic impairment. Reduce the total daily dose by 50% or more in patients with severe hepatic impairment (Child-Pugh Class C) or hepatic cirrhosis (*see Use in Specific Populations* (8.6)).

## 2.9 Dosage Recommendations for Patients with Renal Impairment

Reduce the Effexor XR total daily dose by 25% to 50% in patients with mild (CrClr 60–89 mL/min) or moderate (CrClr 30–59 mL/min) renal impairment. Reduce the total daily dose by 50% or more in patients undergoing hemodialysis or with severe renal impairment (CrClr < 30 mL/min). Because there was much individual variability in clearance between patients with renal impairment, individualization of dosage is recommended in some patients (*see Use in Specific Populations* (8.7)).

## 2.10 Discontinuing Treatment with Effexor XR

A gradual reduction in the dose, rather than abrupt cessation, is recommended when discontinuing therapy with Effexor XR. In clinical studies with Effexor XR, tapering was achieved by reducing the daily dose by 75 mg at one-week intervals. Individualization of tapering may be recommended. In some patients, discontinuation may need to occur over a period of several months (*see Warnings and Precautions* (5.7)).

## 2.11 Switching Patients to or from a Monoamine Oxidase Inhibitor (MAOI) Antidepressant

At least 14 days must elapse between discontinuation of an MAOI antidepressant and initiation of Effexor XR. In addition, at least 7 days must elapse after stopping Effexor XR before starting an MAOI antidepressant (*see Contraindications* (4), *Warnings and Precautions* (5.2), and *Drug Interactions* (7.1)).

## 3 DOSAGE FORMS AND STRENGTHS

Effexor XR® is available in the following strengths:

- 37.5 mg extended-release capsule: grey cap and peach body with "W" and "Effexor XR" on the cap and "37.5" on the body
- 75 mg extended-release capsule: peach cap and body with "W" and "Effexor XR" on the cap and "75" on the body
- 150 mg extended-release capsule: dark orange cap and body with "W" and "Effexor XR" on the cap and "150" on the body

## 4 CONTRAINDICATIONS

Effexor XR is contraindicated in patients:

- with known hypersensitivity to venlafaxine hydrochloride, desvenlafaxine succinate, or to any excipients in the formulation (*see Adverse Reactions* (6.2))

- taking, or within 14 days of stopping, MAOIs (including the MAOIs linezolid and intravenous mephentermine blue) because of the risk of serotonin syndrome (*see Dosage and Administration* (2.11), *Warnings and Precautions* (5.2), and *Drug Interactions* (7.1)).

## 5 WARNINGS AND PRECAUTIONS

### 5.1 Suicidal Thoughts and Behaviors in Adolescents and Young Adults

In pooled analyses of placebo-controlled trials of antidepressant drugs (SSRIs and other antidepressant classes) that included approximately 77,000 adult patients and 4,500 pediatric patients, the incidence of suicidal thoughts and behaviors in antidepressant-treated patients age 24 years and younger was greater than in placebo-treated patients. There was considerable variation in risk of suicidal thoughts and behaviors among drugs, but there was an increased risk identified in young patients for most drugs and behaviors. There were differences in absolute risk of suicidal thoughts and behaviors across the different indications, with the highest incidence in patients with MDD. The drug-placebo differences in the number of cases of suicidal thoughts and behaviors per 1,000 patients treated are provided in Table 1.

**Table 1: Risk Differences of the Number of Patients of Suicidal Thoughts and Behaviors in the Pooled Placebo-Controlled Trials of Antidepressants in Pediatric<sup>a</sup> and Adult Patients<sup>b</sup>**

Indication	Effexor XR	Placebo	Drug-Placebo Difference in Number of Patients of Suicidal Thoughts and Behaviors per 1,000 Patients Treated	
			Increases Compared to Placebo	Decreases Compared to Placebo
Age Range				
	<18 years old	18–24 years old	14 additional patients	5 additional patients
25–64 years old	65 years old	fewer patients	fewer patients	

<sup>a</sup>Effexor XR is not approved in pediatric patients.

It is unknown whether the risk of suicidal thoughts and behaviors in children, adolescents, and young adults extends to longer-term use, i.e., beyond four months. However, there is substantial evidence from placebo-controlled maintenance trials in adults with MDD that antidepressants delay the recurrence of depression and that depression itself is a risk factor for suicidal thoughts and behaviors.

Monitor all antidepressant-treated patients for any indication for clinical worsening and emergence of suicidal thoughts and behaviors, especially during the initial few months of drug therapy, and at times of dosage changes. Counsel family members or caregivers of patients to monitor for changes in behavior and to alert the healthcare provider. Consider changing the therapeutic regimen, including possibly discontinuing Effexor XR, in patients whose depression is persistently worse, or who are experiencing emergent suicidal thoughts or behaviors.

### 5.2 Serotonin Syndrome

Serotonin-norepinephrine reuptake inhibitors (SNRIs), including Effexor XR, can precipitate serotonin syndrome, a potentially life-threatening condition. The risk is increased with concomitant use of other serotonergic drugs (including triptans, tricyclic antidepressants, serotonin, lithium, tramadol, tryptophan, buspirone, amphetamines, and St. John's Wort) and with drugs that affect the metabolism of serotonin, i.e., MAOIs (*see Contraindications* (4), *Drug Interactions* (7.1)). Serotonin syndrome can also occur when these drugs are used alone.

Serotonin syndrome signs and symptoms may include mental status changes (e.g., agitation, hallucinations, delirium, coma), autonomic dysfunction (e.g., tachycardia, labile blood pressure, dizziness, diaphoresis, flushing, hyperthermia), neuromuscular symptoms (e.g., tremor, rigidity, myoclonus, hyperreflexia, incoordination), and gastrointestinal symptoms (e.g., nausea, vomiting, diarrhea).

The concomitant use of Effexor XR with MAOIs is contraindicated. In addition, do not initiate Effexor XR in a patient being treated with MAOIs such as linezolid or intravenous methylene blue. No reports involved the administration of methylene blue by other routes (such as oral tablets or local tissue injection). It is necessary to initiate treatment with an MAOI such as linezolid or intravenous methylene blue in a patient taking Effexor XR, discontinue Effexor XR before initiating treatment with the MAOI (*see Contraindications* (4), *Drug Interactions* (7.1)).

Monitor all patients taking Effexor XR for the emergence of serotonin syndrome. Discontinue treatment with Effexor XR and any concomitant serotonergic agents immediately if the above symptoms occur, and initiate supportive symptomatic treatment. If concomitant use of Effexor XR with other serotonergic drugs is clinically warranted, inform patients of the increased risk for serotonin syndrome and monitor for symptoms.

### 5.3 Elevated Blood Pressure

In controlled trials, there were dose-related increases in systolic and diastolic blood pressure, as well as cases of sustained hypertension (*see Adverse Reactions* (6.1)).

Monitor blood pressure before initiating treatment with Effexor XR and regularly during treatment. Control pre-existing hypertension before initiating treatment with Effexor XR. Use caution in

treating patients with pre-existing hypertension or cardiovascular or cerebrovascular conditions that might be compromised by increases in blood pressure. Sustained blood pressure elevation can lead to adverse outcomes. Cases of elevated blood pressure requiring immediate treatment have been reported with Effexor XR. Consider dose reduction or discontinuation of treatment for patients who experience a sustained increase in blood pressure.

Across all clinical studies with Effexor XR, 1.4% of patients in the Effexor XR treated groups experienced a ≥15 mm Hg increase in supine diastolic blood pressure (SDBP) ≥105 mm Hg, compared to 0.9% of patients in the placebo groups. Similarly, 1% of patients in the Effexor XR treated groups experienced a ≥20 mm Hg increase in supine systolic blood pressure (SSBP) with blood pressure ≥180 mm Hg, compared to 0.3% of patients in the placebo groups (*see Adverse Reactions* (6.1)). Treatment with Effexor XR was associated with sustained hypertension (defined as SDBP ≥90 mm Hg and ≥10 mm Hg above baseline for three consecutive on-therapy visits (*see Adverse Reactions* (6.1)). An insufficient number of patients received mean doses of Effexor XR over 300 mg per day in clinical studies to fully evaluate the incidence of sustained increases in blood pressure at these higher doses.

### 5.4 Increased Risk of Bleeding

Drugs that interfere with serotonin reuptake inhibition, including Effexor XR, may increase the risk of bleeding events, ranging from ecchymoses, hematomas, epistaxis, petechiae, and gastrointestinal hemorrhage. Concomitant use of aspirin, Nonsteroidal Anti-Inflammatory Drugs (NSAIDs), warfarin, and other anti-coagulants or other drugs known to affect platelet function may add to this risk. Case reports and epidemiological studies (case-control and cohort design) have demonstrated an association between use of drugs that interfere with serotonin reuptake and the occurrence of gastrointestinal bleeding. Inform patients about the risk of bleeding associated with the concomitant use of Effexor XR and nonsteroidal anti-inflammatory drugs (NSAIDs), aspirin, or other drugs that affect coagulation. For patients taking warfarin, carefully monitor coagulation indices when initiating, titrating, or discontinuing Effexor XR.

### 5.5 Angle-Closure Glaucoma

The pupillary dilation that occurs following use of many antidepressant drugs including Effexor XR may trigger an angle closure attack in a patient with anatomically narrow angles who does not have a patent iridectomy. Avoid use of antidepressants, including Effexor XR, in patients with untreated anatomically narrow angles.

### 5.6 Activation of Mania or Hypomania

In patients with bipolar disorder, treating a depressive episode with Effexor XR or another antidepressant may precipitate a mixed/manic episode. Mania or hypomania was reported in Effexor XR treated patients in the premarketing studies in MDD, SAD, and PD (*see Table 2*). Prior to initiating treatment with Effexor XR, screen for any personal or family history of bipolar disorder, mania, or hypomania.

## Table 2: Incidence (%) of Mania or Hypomania Reported in Effexor XR Treated Patients in the Premarketing Studies

Indication	Effexor XR	Placebo
MDD	0.3	0
GAD	0.0	0.2
SAD	0.2	0.2
PD	0.1	0.0

## 5.7 Discontinuation Syndrome

Discontinuation symptoms have been systematically evaluated in patients taking venlafaxine, including prospective analyses of clinical studies in GAD and retrospective surveys of studies in MDD and SAD. Abrupt discontinuation or dose reduction of venlafaxine at various doses has been found to be associated with the appearance of new symptoms, the frequency of which increased with increased dose level and with longer duration of treatment. Reported symptoms include agitation, anorexia, anxiety, confusion, impaired coordination and balance, diarrhea, dizziness, dry mouth, dysphoric mood, fasciculation, fatigue, flu-like symptoms, headaches, hypomania, insomnia, nausea, nervousness, night sweats, sensory disturbances (including shock-like electrical sensations), somnolence, sweating, tremor, vertigo, and vomiting.

There have been postmarketing reports of serious discontinuation symptoms which can be protracted and severe. Complicated suicide, suicidal thoughts, aggression and violent behavior has been observed in patients during reduction in Effexor XR dosage, including during discontinuation. Other postmarketing reports describe visual changes (such as blurred vision or trouble focusing) and increased blood pressure after stopping or reducing the dose of Effexor XR.

During marketing of Effexor XR, other SNRIs, and SSRIs, there have been reports of adverse events occurring upon discontinuation of these drugs, particularly when abrupt, including the following: irritability, lethargy, emotional lability, tremor, and seizures.

Patients should be monitored for these symptoms when discontinuing treatment with Effexor XR. A gradual reduction in the dose, rather than abrupt cessation, is recommended. If intolerable symptoms occur following a decrease in the dose or upon discontinuation of treatment, then resuming the previously prescribed dose may be considered. Subsequently, the healthcare provider may continue decreasing the dose, but at a more gradual rate. In some patients, discontinuation may need to occur over a period of several months (*see Dosage and Administration* (2.10)).

### 5.8 Seizures

Cases of seizure have been reported with venlafaxine therapy. Effexor XR has not been systematically evaluated in patients with seizure disorder. Effexor XR should be prescribed with caution in patients with a seizure disorder.

### 5.9 Hypnatremia

Hypnatremia can occur as a result of treatment with SNRIs, including Effexor XR. In many cases, the hypnatremia appears to be the result of the Syndrome of Inappropriate Antidiuretic Hormone (SIADH) secretion. Cases with serum sodium lower than 110 mmol/L have been reported. Elderly patients may be at greater risk of developing hypnatremia with SNRIs. Also, patients taking MAOIs or those who have been treated with MAOIs may be at greater risk (*see Use in Specific Populations* (8.5) and *Clinical Pharmacology* (12.3)). Consider discontinuation of Effexor XR in patients with symptomatic hypnatremia, and institute appropriate medical intervention.

Signs and symptoms of hypnatremia include headache, difficulty concentrating, memory impairment, confusion, weakness, and unsteadiness, which may lead to falls. Signs and symptoms associated with more severe and/or acute cases have included hallucination, syncope, seizure, coma, respiratory arrest, and death.

**5.10 Weight and Height Changes in Pediatric Patients**  
**Weight Changes**  
The average change in body weight and incidence of weight loss (percentage of patients who lost 3.5% or more) in the placebo-controlled pediatric studies in MDD, GAD, and SAD are shown in Tables 3 and 4.

**Table 3: Average Change in Body Weight (kg) From Beginning of Treatment in Pediatric Patients<sup>a</sup> in Double-blind, Placebo-controlled Studies of Effexor XR**

Indication	Effexor XR	Placebo
MDD and GAD	-0.45 (n = 333)	-0.71 (n = 333)
SAD	-0.75 (n = 137)	+0.76 (n = 148)

<sup>a</sup>Effexor XR is not approved for use in pediatric patients.

## Table 4: Incidence (%) of Pediatric Patients<sup>a</sup> Experiencing Weight Loss (3.5% or more) in Double-blind, Placebo-controlled Studies of Effexor XR

Indication	Effexor XR	Placebo
Body System Adverse Reaction	n = 3,558	n = 2,197
Body as a whole	1.7	0.5
Headache	4.5	0.8
Diagnose system	1.3	0.4
Nausea	2.2	0.8
Insomnia	2.1	0.6
Somnolence	1.7	

## 10 OVERDOSAGE

*Human Experience*

During the premarketing evaluations of Effexor XR (for MDD, GAD, SAD, and PD) and Effexor (for MDD), there were 17 reports of acute overdose with Effexor (6 and 14 reports in Effexor XR and Effexor patients, respectively), either alone or in combination with other drugs and/or alcohol.

Somnolence was the most commonly reported symptom. Among the other reported symptoms were paresthesia of all four limbs, moderate dizziness, nausea, numb hands and feet, and hot-cold spells 5 days after the overdose. In most cases, no signs or symptoms were associated with overdose. The majority of the reports involved ingestion in which the total dose of venlafaxine taken was estimated to be no more than several-fold higher than the usual therapeutic dose. One patient who ingested 2.75 g of venlafaxine was observed to have two generalized convulsions and a prolongation of QTc to 500 msec, compared with 405 msec at baseline. Mild sinus tachycardia was reported in two of the other patients.

Actions taken to treat the overdose included no treatment, hospitalization and symptomatic treatment, and hospitalization plus treatment with activated charcoal. All patients recovered. In postmarketing experience, overdose with venlafaxine has occurred predominantly in combination with alcohol and/or other drugs. The most commonly reported events in overdose include tachycardia, changes in level of consciousness (ranging from somnolence to coma), mydriasis, seizures, and vomiting. Electrocardiogram changes (e.g., prolongation of QT interval, bundle branch block, QRS prolongation), ventricular tachycardia, bradycardia, hypotension, rhabdomyolysis, vertigo, liver necrosis, serotonin syndrome, and death have been reported.

In postmarketing experience, overdose with venlafaxine has occurred predominantly in combination with alcohol and/or other drugs. The most commonly reported events in overdose include tachycardia, changes in level of consciousness (ranging from somnolence to coma), mydriasis, seizures, and vomiting. Electrocardiogram changes (e.g., prolongation of QT interval, bundle branch block, QRS prolongation), ventricular tachycardia, bradycardia, hypotension, rhabdomyolysis, vertigo, liver necrosis, serotonin syndrome, and death have been reported.

Published retrospective studies report that venlafaxine overdose may be associated with an increased risk of fatal outcomes compared to that observed with SSRI antidepressant products, but lower than that for tricyclic antidepressants. Epidemiological studies have shown that venlafaxine-treated patients have a higher preexisting burden of suicide risk factors than SSRI-treated patients. The extent to which the finding of an increased risk of fatal outcomes can be attributed to the toxicity of venlafaxine in overdose, as opposed to some characteristic(s) of venlafaxine-treated patients, is not clear. Prescriptions for Effexor XR should be written for the smallest quantity of capsules consistent with good patient management, in order to reduce the risk of overdose.

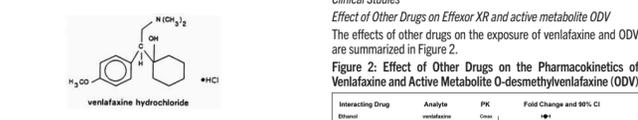
**Management of Overdosage**

No specific antidotes for Effexor XR are known. In managing overdose, consider the possibility of multiple drug involvement. Consider contacting a Poison Center (1-800-222-1222) or a medical toxicologist for overdose management recommendations for Effexor XR.

**11 DESCRIPTION**

Effexor XR is an extended-release capsule for once-a-day oral administration that contains venlafaxine hydrochloride, a serotonin and norepinephrine reuptake inhibitor (SNRI).

Venlafaxine is designated (R/S)-1-[2-(dimethylamino)-1-(4-methoxyphenyl)ethyl] cyclohexanol hydrochloride or (±)-1-[α-(dimethylamino)ethyl]-p-methoxybenzyl] cyclohexanol hydrochloride and has the empirical formula of C<sub>17</sub>H<sub>27</sub>NO<sub>2</sub>·HCl. Its molecular weight is 313.86. The structural formula is shown as follows:



Venlafaxine hydrochloride is a white to off-white crystalline solid, with a solubility of 572 mg/mL in water (adjusted to ionic strength of 0.2 M with sodium chloride). Its octanol-water (0.2 M sodium chloride) partition coefficient is 0.43.

Drug release is controlled by diffusion through the coating membrane on the spheroids and is not pH-dependent. Capsules contain venlafaxine hydrochloride equivalent to 37.5 mg, 75 mg, or 150 mg venlafaxine. Inactive ingredients consist of cellulose, ethylcellulose, gelatin, hypromellose, iron oxide, and titanium dioxide.

## 12 CLINICAL PHARMACOLOGY

### 12.1 Mechanism of Action

The mechanism of action of venlafaxine in the treatment of MDD, GAD, SAD, and PD is unclear, but is thought to be related to the potentiation of serotonin and norepinephrine in the central nervous system, through inhibition of their reuptake.

### 12.2 Pharmacodynamics

In-vitro studies have demonstrated that venlafaxine and its active metabolite, O-desmethylvenlafaxine (ODV), are potent and selective inhibitors of neuronal serotonin and norepinephrine reuptake and weak inhibitors of dopamine reuptake. Venlafaxine and ODV have no significant affinity for muscarinic, adrenergic, H<sub>1</sub>-histaminergic, or α<sub>1</sub>-adrenergic receptors *in vitro*. Pharmacologic activity at these receptors is hypothesized to be associated with the various anticholinergic, sedative, and cardiovascular effects seen with other psychotropic drugs. Venlafaxine and ODV do not possess monoamine oxidase (MAO) inhibitory activity.

### Cardiac Electrophysiology

The effect of venlafaxine on the QT interval was evaluated in a randomized, double-blind, placebo- and positive-controlled three-period crossover through QT study in 54 healthy adult subjects. No significant QT prolongation effect of venlafaxine at 450 mg (2 times the maximum recommended dosage) was detected.

### 12.3 Pharmacokinetics

Venlafaxine and ODV steady-state concentrations are reached within 3 days. Venlafaxine and ODV exhibited linear kinetics over the dosage range of 75 to 450 mg per day (0.33 to 2 times the maximum recommended dosage). Time of administration (AM versus PM) did not affect the pharmacokinetics of venlafaxine and ODV from the 75 mg Effexor XR capsule.

### Absorption

Venlafaxine is well absorbed. On the basis of mass balance studies, at least 92% of a single oral dose of venlafaxine is absorbed. The absolute bioavailability of venlafaxine is approximately 45%.

Administration of Effexor XR (150 mg once daily) generally resulted in lower C<sub>max</sub> and later T<sub>max</sub> values than for Effexor administered twice daily (Table 17). When equal daily doses of venlafaxine were administered as either an immediate-release tablet or the extended-release capsule, the exposure to both venlafaxine and ODV was similar for the two treatments, and the fluctuation in plasma concentrations was slightly lower with the Effexor XR capsule. Therefore, Effexor XR provides a slower rate of absorption, but the same extent of absorption compared with the immediate-release tablet.

**Table 17: Comparison of C<sub>max</sub> and T<sub>max</sub> Values for Venlafaxine and ODV Following Oral Administration of Effexor XR and Effexor (Immediate Release)**

	Venlafaxine C <sub>max</sub> (ng/mL)	T <sub>max</sub> (h)	ODV C <sub>max</sub> (ng/mL)	T <sub>max</sub> (h)
Effexor XR (150 mg once daily)	223	5.5	290	9
Effexor (75 mg twice daily)	223	2	290	3

### Food

Food did not affect the bioavailability of venlafaxine or its active metabolite, ODV.

### Distribution

Venlafaxine is 27% and ODV is 30% bound to plasma proteins. The apparent volume of distribution at steady-state is 7.5 ± 3.7 L/kg for venlafaxine and 5.7 ± 1.8 L/kg for ODV.

### Elimination

Mean ± SD plasma apparent clearance at steady-state is 1.3 ± 0.6 L/kg for venlafaxine and 0.4 ±0.2 L/h/kg for ODV. The apparent elimination half-life is 5 ± 2 hours for venlafaxine and 11 ± 2 hours for ODV.

### Metabolism

Following absorption, venlafaxine undergoes extensive presystemic metabolism in the liver, primarily to ODV, but also to N-desmethylvenlafaxine, N,O-didesmethylvenlafaxine, and other minor metabolites. *In vitro* studies indicate that the formation of ODV is catalyzed by CYP2D6; this has been confirmed in a clinical study showing that patients with low CYP2D6 levels (poor metabolizers) had increased levels of venlafaxine and reduced levels of ODV compared to people with normal CYP2D6 levels (extensive metabolizers) (see Figure 1).

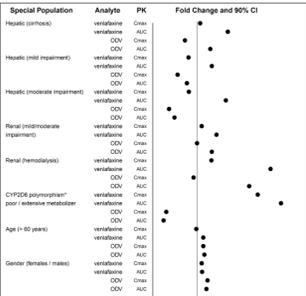
### Excretion

Approximately 87% of a venlafaxine dose is recovered in the urine within 48 hours as unchanged venlafaxine (5%), unconjugated ODV (23%), conjugated ODV (26%), or other minor inactive metabolites (27%).

### Specific Populations

The effect of intrinsic patient factors on the pharmacokinetics of venlafaxine and its active metabolite ODV is presented in Figure 1.

**Figure 1: Pharmacokinetics of Venlafaxine and Active Metabolite O-desmethylvenlafaxine (ODV) in Special Populations**



ODV=O-desmethylvenlafaxine; AUC=area under the curve; C<sub>max</sub>=peak plasma concentrations.

\* Similar effect is expected with strong CYP2D6 inhibitors

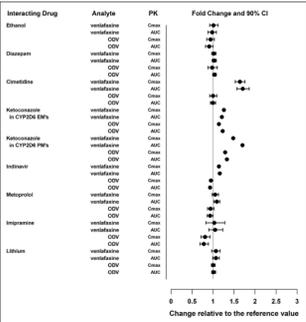
### Drug Interaction Studies

#### Clinical Studies

#### Effect of Other Drugs on Effexor XR and active metabolite ODV

The effects of other drugs on the exposure of venlafaxine and ODV are summarized in Figure 2.

**Figure 2: Effect of Other Drugs on the Pharmacokinetics of Venlafaxine and Active Metabolite O-desmethylvenlafaxine (ODV)**

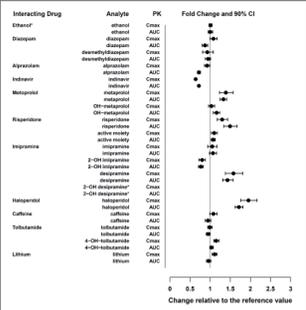


ODV=O-desmethylvenlafaxine; AUC=area under the curve; C<sub>max</sub>=peak plasma concentrations; EM =extensive metabolizers; PM=poor metabolizers.

#### Effect of Effexor XR on Other Drugs

The effects of Effexor XR on the exposure of other drugs are summarized in Figure 3.

**Figure 3: Effect of Venlafaxine on the Pharmacokinetics Interacting Drugs and their Active Metabolites**



AUC=area under the curve; C<sub>max</sub>=peak plasma concentrations; OH=hydroxyl. \* Data for 2OH desipramine were not plotted to enhance clarity; the fold change and 90% CI for C<sub>max</sub> and AUC of 2OH desipramine were 6.6 (5.5, 7.9) and 4.4 (3.8, 5.0), respectively.

Note: \*Administration of venlafaxine in a stable regimen did not exaggerate the psychomotor and psychometric effects induced by ethanol in these same subjects when they were not receiving venlafaxine.

## 13 NONCLINICAL TOXICOLOGY

### 13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

#### Carcinogenesis

Tumors were not increased by venlafaxine treatment in mice or rats. Venlafaxine was given by oral gavage to mice for 18 months at doses up to 120 mg/kg per day, which was 1.7 times the maximum recommended human dose on a mg/m<sup>2</sup> basis. Venlafaxine was also given to rats by oral gavage for 24 months at doses up to 120 mg/kg per day. In rats receiving the 120 mg/kg dose, plasma concentrations of venlafaxine at necropsy were 1 times (male rats) and 6 times (female rats) the plasma concentrations of patients

receiving the maximum recommended human dose. Plasma levels of the ODV were lower in rats than in patients receiving the maximum recommended dose. ODV, the major human metabolite of venlafaxine, administered by oral gavage to mice and rats for 2 years did not increase the incidence of tumors in either study. Mice received ODV at dosages up to 500/300 mg/kg/day (dosage lowered after 45 weeks of dosing). The exposure at the 300 mg/kg/day dose is 9 times that of a human dose of 225 mg/day. Rats received ODV at dosages up to 300 mg/kg/day (males) or 500 mg/kg/day (females). The exposure at the highest dose is approximately 8 (males) or 11 (females) times that of a human dose of 225 mg/day.

#### Mutagenesis

Venlafaxine and the major human metabolite, ODV, were not mutagenic in *in vitro* Ames reverse mutation assay in *Salmonella* bacteria or the Chinese hamster ovary/HGPRT mammalian cell forward gene mutation assay. Venlafaxine was also not mutagenic or clastogenic in the *in vitro* BALB/c-3T3 mouse cell transformation assay, the sister chromatid exchange assay in cultured Chinese hamster ovary cells, or in the *in vivo* chromosomal aberration assay in rat bone marrow. ODV was not clastogenic in the *in vitro* Chinese hamster ovary cell chromosomal aberration assay or in the *in vivo* chromosomal aberration assay in rats.

#### Impairment of Fertility

Reproduction and fertility studies of venlafaxine in rats showed no adverse effects of venlafaxine on male or female fertility at oral doses of up to 2 times the maximum recommended human dose of 225 mg/day (on a mg/m<sup>2</sup> basis. However, when desvenlafaxine succinate, the major human metabolite of venlafaxine, was administered orally to male and female rats, fertility was reduced at the high dose of 300 mg/kg/day, which is 13 (males) and 19 (females) times the AUC exposure at an adult human dose of 100 mg per day. There was no effect on fertility at 100 mg/kg/day, which is 3 (males) or 5 (females) times the AUC exposure at an adult human dose of 100 mg per day. These studies did not address reversibility of the effect on fertility. The relevance of these findings to humans is not known.

## 14 CLINICAL STUDIES

### 14.1 Major Depressive Disorder

The efficacy of Effexor XR (venlafaxine hydrochloride) extended-release capsules as a treatment for Major Depressive Disorder (MDD) was established in two placebo-controlled, short-term (8 weeks for study 1; 12 weeks for study 2), flexible-dose studies, with doses starting at 75 mg per day and ranging to 225 mg per day in adult outpatients meeting DSM-III-R or DSM-IV criteria for MDD. In moderately depressed outpatients, the initial dose of venlafaxine was 75 mg per day. In both studies, Effexor XR demonstrated superiority over placebo on the primary efficacy measure defined as change from baseline in the HAM-D-21 total score at the endpoint visit. Effexor XR also demonstrated superiority over placebo on the key secondary efficacy endpoint, the Clinical Global Impressions (CGI) Severity of Illness scale. Examination of gender subsets of the population studied did not reveal any differential responsiveness on the basis of gender.

A 4-week study of inpatients meeting DSM-III-R criteria for MDD with melancholia utilizing Effexor in a range of 150 to 375 mg per day (divided in a three-times-a-day schedule) was demonstrated superiority of Effexor over placebo based on the HAM-D-21 total score. The mean dose in completers was 350 mg per day (study 3).

In a longer-term study, adult outpatients with MDD who had responded during an 8-week open-label study on Effexor XR (75, 150, or 225 mg, once daily every morning) were randomized to continuation of their same Effexor XR dose or to placebo, for up to 26 weeks of observation for relapse. Response during the open-label phase was defined as a CGI Severity of Illness item score of ≤3 and a HAM-D-21 total score of ≤10 at the day 56 evaluation. Relapse during the double-blind phase was defined as follows: (1) a reappearance of major depressive disorder as defined by DSM-IV criteria and a CGI Severity of Illness item score of ≥4 (moderately ill), (2) 2 consecutive CGI Severity of Illness item scores of ≥4, or (3) a final CGI Severity of Illness item score of ≥4 for any patient who withdrew from the study for any reason. Patients receiving continued Effexor XR treatment experienced statistically significantly lower relapse rates over the subsequent 26 weeks compared with those receiving placebo (study 4).

In a second longer term trial, adult outpatients with MDD, recurrent type, who had responded (HAM-D-21 total score ≤12 at the day 56 evaluation) and continued to be improved [defined as the following criteria being met for days 56 through 180: (1) no HAM-D-21 total score ≥20; (2) no more than 2 HAM-D-21 total scores >10, and (3) no single CGI Severity of Illness item score ≥4 (moderately ill)] during an initial 26 weeks of treatment on Effexor (100 to 200 mg per day, on a twice daily schedule) were randomized to continuation of their same Effexor dose or to placebo. The follow-up period boosevere patients for relapse, defined as a CGI Severity of Illness item score ≥4, was for up to 52 weeks. Patients receiving continued Effexor treatment experienced statistically significantly lower relapse rates over the subsequent 52 weeks compared with those receiving placebo (study 5).

**Table 18: Primary Efficacy Results for Studies in Major Depressive Disorder in Adults (Studies 1, 2, 3)**

Study Number	Treatment Group	Primary Efficacy Measure: HAM-D Score		
		Mean Baseline Score (SD)	LS Mean Change from Baseline (SE)	Placebo Subtracted Difference* (95% CI)
Study 1	Effexor XR 75 mg 225 mg/day <sup>†</sup>	24.5	-11.7	-4.64 (-6.6, -2.25)
	Placebo	23.6	-11.1	-
Study 2	Effexor XR 75 mg 225 mg/day <sup>†</sup>	24.5	-11.1	-6.02 (-8.4, -4.34)
	Placebo	24.9	-8.71	-
Study 3	Effexor XR 150 mg 375 mg/day <sup>††</sup>	28.2 (0.5)	-14.9	-10.2 (-14.4, -6.0)
	Placebo	28.6 (0.6)	-4.7	-

SD=standard deviation; LS Mean=least-squares mean; CI=confidence interval. \*Difference (drug minus placebo) in least-squares mean change from baseline. †Doses statistically significantly superior to placebo.

### 14.2 Generalized Anxiety Disorder

The efficacy of Effexor XR as a treatment for Generalized Anxiety Disorder (GAD) was established in two 8-week, placebo-controlled, fixed-dose studies (75 to 225 mg per day), one 6-month, placebo-controlled, flexible-dose study (75 to 225 mg per day), and one 6-month, placebo-controlled, fixed-dose study (37.5, 75, and 150 mg per day) in adult outpatients meeting DSM-IV criteria for GAD.

In one 8-week study, Effexor XR demonstrated superiority over placebo for the 75, 150, and 225 mg per day doses as measured by the Hamilton Rating Scale for Anxiety (HAM-A) total score, both the HAM-A anxiety and tension items, and the Clinical Global Impressions (CGI) scale. However, the 75 and 150 mg per day doses were not as consistently effective as the highest dose (study 1). A second 8-week study evaluating doses of 75 and 150 mg per day and placebo showed that both doses were more effective than placebo on some of these same outcomes; however, the 75 mg per day dose was more consistently effective than the 150 mg per day dose (study 2). A dose-response relationship for effectiveness in GAD was not clearly established in the 75 to 225 mg per day dose range studied.

Two 6-month studies, one evaluating Effexor XR doses of 37.5, 75, and 150 mg per day (study 3) and the other evaluating Effexor XR doses of 75 to 225 mg per day (study 4), showed that daily doses of 75 mg or higher were more effective than placebo on the HAM-A total, both the HAM-A anxiety and tension items, and the CGI scale during 6 months of treatment. While there was also evidence for superiority over placebo for the 37.5 mg per day dose, this dose was not as consistently effective as the higher doses.

Examination of gender subsets of the population studied did not reveal any differential responsiveness on the basis of gender.

**Table 19: Primary Efficacy Results for Studies in Generalized Anxiety Disorder in Adults (Studies 1, 2, 3, 4)**

Study Number	Treatment Group	Primary Efficacy Measure: HAM-A Score		
		Mean Baseline Score (SD)	LS Mean Change from Baseline (SE)	Placebo Subtracted Difference* (95% CI)
Study 1	Ven XR 75 mg 225 mg/day <sup>†</sup>	24.5	-11.1 (0.95)	-1.5 (-3.8, 0.8)
	Effexor XR 75 mg 225 mg/day <sup>†</sup>	24.5	-11.7 (0.87)	-2.2 (-4.5, 0.1)
Study 2	Ven XR 75 mg 225 mg/day <sup>†</sup>	23.7	-10.0 (0.82)	-2.6 (-4.6, -0.5)
	Placebo	24.1	-9.5 (0.85)	-
Study 3	Ven XR 75 mg 225 mg/day <sup>†</sup>	23.0	-8.8 (0.86)	-1.7 (-3.8, 0.3)
	Placebo	23.7	-8.0 (0.73)	-
Study 4	Ven XR 37.5 mg 150 mg/day <sup>†</sup>	26.6 (0.4)	-13.8	-2.8 (-5.1, -0.6)
	Placebo	26.3 (0.4)	-13.5	-4.6 (-6.9, -2.3)
Study 5	Ven XR 75 mg 225 mg/day <sup>†</sup>	26.7 (0.5)	-11.0	-1.6 (-3.8, 0.5)
	Placebo	26.9	-8.7 (0.70)	-4.7 (-6.6, -2.9)

SD=standard deviation; SE=standard error; LS Mean=least-squares mean; CI=confidence interval.

\*Difference (drug minus placebo) in least-squares mean change from baseline.

†Doses statistically significantly superior to placebo.

### 14.3 Social Anxiety Disorder (also known as Social Phobia)

The efficacy of Effexor XR as a treatment for Social Anxiety Disorder (SAD) was established in four double-blind, parallel-group, 12-week, multicenter, placebo-controlled, flexible-dose studies (studies 1-4) and one double-blind, parallel-group, 6-month, placebo-controlled, fixed/double-dose study, which included doses in a range of 75 to 225 mg per day in adult outpatients meeting DSM-IV criteria for SAD (study 5).

In these five studies, Effexor XR was statistically significantly more effective than placebo on change from baseline to endpoint on the Liebowitz Social Anxiety Scale (LSAS) total score. There was no evidence for any greater effectiveness of the 150 to 225 mg per day group compared to the 75 mg per day group in the 6-month study. Examination of subsets of the population studied did not reveal any differential responsiveness on the basis of gender. There was insufficient information to determine the effect of age or race on outcome in these studies.

**Table 20: Primary Efficacy Results for Studies in Social Anxiety Disorder in Adults (Studies 1, 2, 3, 4, 5)**

Study Number	Treatment Group	Primary Efficacy Measure: LSAS Score		
		Mean Baseline Score (SD)	LS Mean Change from Baseline (SE)	Placebo Subtracted Difference* (95% CI)
Study 1	Ven XR (75-225 mg) <sup>†</sup>	91.1	-21.8(2.27)	11.2 (-8.3, -17.1)
	Placebo	90.8	-22.8 (2.49)	-10.7 (-13.7, -17.6)
Study 2	MGJ <sup>†</sup>	87.4	-22.1 (2.66)	-
	Placebo	87.4	-22.1 (2.66)	-
Study 3	Ven XR (75-225 mg) <sup>†</sup>	83.2	-36.0 (2.35)	-16.9 (-22.6, -11.2)
	Placebo	83.6	-19.1 (1.40)	-12.7 (-6.5, -19.0)
Study 4	Ven XR (75-225 mg) <sup>†</sup>	86.2	-33.0 (2.24)	-14.6 (-21.8, -7.4)
	Placebo	86.1	-22.2 (2.47)	-
Study 5	Ven XR 75 mg 225 mg/day <sup>†</sup>	91.8	-38.1 (3.16)	-14.6 (-21.8, -7.4)
	Placebo	89.2	-37.6 (3.05)	-14.1 (-21.3, -6.9)

SD=standard deviation; SE=standard error; LS Mean=least-squares mean; CI= confidence interval.

\*Difference (drug minus placebo) in least-squares mean change from baseline.

†Doses statistically significantly superior to placebo.

### 14.4 Panic Disorder

The efficacy of Effexor XR as a treatment for Panic Disorder (PD) was established in two double-blind, 12-week, multicenter, placebo-controlled studies in adult outpatients meeting DSM-IV criteria for PD, with or without agoraphobia. Patients received fixed doses of 75 or 150 mg per day in one study (study 1) and 75 or 225 mg per day in the other study (study 2).

Efficacy was assessed on the basis of outcomes in three variables: (1) percentage of patients free of full-symptom panic attacks on the Panic and Anticipatory Anxiety Scale (PAAS); (2) mean change from baseline to endpoint on the Panic Disorder Severity Scale (PDSS) total score; and (3) percentage of patients rated as responders (much improved or very much improved) on the Clinical Global Impressions (CGI) Improvement scale. In these two studies, Effexor XR was statistically significantly more effective than placebo (for each fixed dose) on all three endpoints, but a dose-response relationship was not clearly established.

In a longer term study (study 3), adult outpatients meeting DSM-IV criteria for PD who had responded during a 12-week open phase with Effexor XR (75 to 225 mg per day) were randomly assigned to continue the same Effexor XR dose (75, 150, or 225 mg) or switch to placebo for observation for relapse under double-blind conditions. Response during the open phase was defined as ≥ 1 full-symptom panic attack per week during the last 2 weeks of the open phase and a CGI Improvement score of 1 (very much improved) or 2 (much improved). Relapse during the double-blind phase was defined as having 2 or more full-symptom panic attacks per week for 2 consecutive weeks or having discontinued due to loss of effectiveness as determined by the investigators during the study. Randomized patients were in response status for a mean time of 34 days prior to being randomized. In the randomized phase following the 12-week open-label period, patients receiving continued Effexor XR experienced a statistically significantly longer time to relapse.

Examination of subsets of the population studied did not reveal any differential responsiveness on the basis of gender. There was insufficient information to determine the effect of age or race on outcome in these studies.

In a longer term study (study 3), adult outpatients meeting DSM-IV criteria for PD who had responded during a 12-week open phase with Effexor XR (75 to 225 mg per day) were randomly assigned to continue the same Effexor XR dose (75, 150, or 225 mg) or switch to placebo for observation for relapse under double-blind conditions. Response during the open phase was defined as ≥ 1 full-symptom panic attack per week during the last 2 weeks of the open phase and a CGI Improvement score of 1 (very much improved) or 2 (much improved). Relapse during the double-blind phase was defined as having 2 or more full-symptom panic attacks per week for 2 consecutive weeks or having discontinued due to loss of effectiveness as determined by the investigators during the study. Randomized patients were in response status for a mean time of 34 days prior to being randomized. In the randomized phase following the 12-week open-label period, patients receiving continued Effexor XR experienced a statistically significantly longer time to relapse.

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